



AMGEN

Cuala Women's Section Physio partnership

The Women's section would like to offer its players a designated physiotherapy practice that has experience with management of athletic injuries sustained while participating in either Ladies football or Camogie.

This initiative has been made possible with the funding from our sponsor **AMGEN**, who we would like to thank.

The physiotherapy practice will offer education to players at the start of the season on injury prevention and maintenance of good physical health. Where necessary, the practice will treat players when injuries occur and will communicate with the player's management team (with player consent) on the player's rehabilitation plan.

We will incorporate a team visit by a physiotherapist. This may be done once per month (tbc) during the season to triage players. This is for players who are concerned but unsure of what course of action to take or if the injury warrants further investigation.

The partnership for the 2021 season will be with:

Medfit Proactive Healthcare

Blackrock Business Park, Carysfort Ave, Blackrock, Co. Dublin

Phone number: [\(01\) 278 4423](tel:012784423) <https://www.medfit.ie/>

1. The factors considered in the appointment of the physiotherapy practice were:

- Experience of Practice with athletes and sports teams
- Location of practice. For ease of access for players
- Site visits for triage of players.
- Access to female practitioner if requested.

A. Cuala Women's section scheme.

We will encourage our players to treat injuries early and effectively so they can fully participate in their sport.

1. All players can access the scheme at a rate of 60 euros per session. This is a reduced rate agreed with the practice. You will need to identify that you are a CUALA LGFA or CAMOGIE player.
2. Players that are over 18 are eligible to claim back 50% of the cost please see below.

All players planning to use the Women's section scheme should ensure the injury is reported to their manager/first aider who will record the injury.

The cost of per visit will be €60 (with the section paying 50%). There will be a cap of 2-part funded visits per player for the specified injury. Cases can be reviewed on a case-by-case basis if required.

Our treasurer has agreed to manage the overall scheme. The treasurer will keep records of the number of players receiving treatment and the number of visits for each player. The players will pay for the treatment at the time of the visit and then are reimbursed by the section treasurer using the form below.

Email address: Treasurer.cualawomens@gmail.com

B. Player injury scheme.

PLEASE NOTE THAT ALL LGFA AND CAMOGIE PLAYERS CAN ACCESS THE LGFA AND CAMOGIE PLAYER INJURY FUNDS.

<https://ladiesgaelic.ie/resources/injury-fund/>

<https://camogie.ie/player-information/insurance/>

Players who are injured during matches or training can avail of the LGFA player injury fund or Camogie players will be directed to the Camogie player injury scheme.



Physiotherapy refund form:

Name of Player	
Contact Number	
Email address	
Date of treatment/s	
Squad Coach/Mentor	

Please complete the form above with a copy of receipt and return to:

Email address: treasurer.cualawomens@gmail.com